

## ISLAND GAMES STANDARDS FAROES 2027

	MEN			WOMEN		
	A	B	C	A	B	C
100M	10.9s	11.2	11.4	12.2	12.8	13.4
200M	22.0s	22.8	23.4	24.9	26.4	27.0s
400M	49.1	51.5	53.0s	57.5	59.3	61.1
800M	01:53.5 0	02:00.0 0	02:03.0 0	02:15.0 0	02:24.5 0	02:26.0 0
1500M	03:58.0 0	04:04.5 0	04:12.0 0	04:36.0 0	04:58.0 0	05:08.0 0
5000M	15:15.0 0	15:56.0 0	16:20.0 0	17:30.0 0	18:23.0 0	18:50.0 0
10000 M	32:06.0 0	33:26.0 0	35:20.0 0	37:36.0 0	39:20.0 0	40:30.0 0
100MH u				15.6	17.9	18.4
110MH u	15.6	17.1	17.8			
400MH u	57.0s	60.0s	61.0s	64	70.9	73.2
2000M SC				08:00.0 0	08:20.0 0	08:50.0 0
3000M SC	10:05.0 0	10:55.9 0	11:10.0 0			
½ MAR	01:09.0 0	01:11.4 5	01:14.0 0	01:23.5 5	01:26.5 0	01:32.3 5
LJ	6.77	6.31	6.01	5.35	4.95	4.81
HJ	1.94	1.8	1.75	1.56	1.51	1.45
TJ	12.5	12.01	11.11	11.41	10.05	9.65
SHOT	14.01	12.11	11.41	10.01	8.61	7.95
DIS	49.75	41.55	30.01	38.44	31.21	28.01
HAM	52.47	45.01	40.01	42.03	34.07	31.5
JAV	51.01	45.05	40.05	37.81	28.01	26.01

A standard = Likely medal prospect      B standard = likely finalist

prospect

C standard = Development potential, will likely benefit as an athlete by inclusion.