

Isle of Wight Island Games - Swimming Training Criteria

The following criteria must be achieved before being considered and invited to train in the squad for the Island Games Faroe 2027. Only swimmers accepted into the squad will be considered for selection, to represent the Isle of Wight in Faroe 2027.

YOU MUST:-

- Be eligible, and maintain eligibility to be selected to represent the Isle of Wight;
- Have the agreement of your coach and club to allow you to train for, and possibly compete at the Games;
- Maintain a **minimum average of 8 hours regular weekly training, in the pool**. These will be monitored on an on-going basis. **This must be maintained to be considered for the Games;**
- Have achieved at least one of the training times since 1st Jan 2026, at a licensed meet. The times must be included in the rankings published by Swim England. **Time trials in any form or times from masters' rankings will not be accepted;**
- Be fit and healthy;
- Comply at all times (in and out of competition) with the WADA World Anti-Doping Code;
- Have good attitude and effort, consistently follow training schedules in their entirety, demonstrate an excellent attitude to training and competitions, demonstrate positive behaviour and team spirit, of an extremely high standard in training and competition; **and**,
- Have signed and returned the declaration of interest form by 23:59 on 31 July 2026.
- Island Games training is supported by Seaclose Swimming Club so for insurance purposes any swimmers must be members of Seaclose Swimming Club, swimmers will be added as a second claim member. Non-members will receive an invitation from the club committee and personal information will be shared with Seaclose SC for that purpose. If you refuse membership, you will not be invited into the squad.

As the swimmers may have the opportunity to represent the Isle of Wight at this international event, it is vital that they act appropriately, always. Manners, respect towards all swimmers/Team Management/officials must be demonstrated at all training sessions and when representing clubs at galas.

Decisions in relation to swimmers in the Island Games squad, asked not to attend training until their commitment and/or attitude has reached an acceptable level will be taken by Island Games Swimming Management Team with support from the Island Games management team. If swimmers are not training with Seaclose Swimming Club confirmation of training hours and conduct will be required from their club coach.

The standard of competition is extremely high with many Island Games swimmers going on to represent their country at Commonwealth and even Olympic level. This gives great opportunities to race in a high class field but as such, you have to be at your absolute best over the whole four days to represent yourself, the team and the Isle of Wight throughout the whole competition.

Pool training is vital for anyone wishing to be considered. Many of our competitors are training on average at least 16 hours in the water, plus 6 hours land-based exercise per week.

We can and do achieve amazing results at the Island Games, with swimmers qualifying for finals in many events, and even winning medals, but this can only be achieved by total dedication, hard work and determination, which has to be built over a long period of time.

Please note the closing date for times to be achieved in licensed competitions, for consideration and selection must be received by 23.59 17th Jan 2027

Any selection made for the International Island Games is proposed to the Isle of Wight Island Games Association who have the right of veto for any athlete in accordance with their disqualification policy.



Isle of Wight Swim Training and Consideration Times

Womens Consideration time	Womens Training squad	Events	Mens Consideration time	Mens Training Squad
27.14	29.04	50 Free	24.22	25.91
1.00.35	1.04.57	100 Free	52.82	56.52
2.11.37	2.20.56	200 Free	1.57.30	2.05.51
4.35.61	4.54.90	400 Free	4.10.30	4.27.82
9.30.80	10.10.79	800 Free	8.49.36	9.26.42
17.58.57	19.24.86	1500 Free	17.09.10	18.12.74
30.98	33.15	50 Back	28.15	30.12
1.06.91	1.11.59	100 Back	1.00.27	1.04.49
2.25.65	2.35.84	200 Back	2.12.79	2.22.09
34.96	37.41	50 Breast	30.86	33.02
1.15.80	1.21.11	100 Breast	1.08.32	1.13.10
2.45.47	2.57.05	200 Breast	2.32.33	2.42.99
30.29	32.41	50 Fly	25.85	27.66
1.08.10	1.12.87	100 Fly	57.48	1.01.50
2.28.26	2.38.64	200 Fly	2.14.26	2.23.66
1.08.16	1.12.93	100 I.M	59.06	1.03.19
2.27.46	2.37.78	200 I.M	2.11.94	2.21.18
5.12.46	5.34.33	400 I.M	4.50.04	5.10.34

The above times are all short course, long course conversions will be considered

Times must be achieved from 1st Jan 2026 – 17th Jan 2027 at a licensed meet. The times must be included in the rankings published by Swim England (not masters). Time trials in any form will not be accepted. To be considered for Island Games Training Squad and final team selection, a criteria including minimum training hours will apply. Further information is available through Seaclose website

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